

DETAILED FACULTY BIODATA FOR COLLEGE WEBSITE JUNE 2024 TO MAY 2025		
Sl. No.	Name	Dr S SELSA
1	Designation	Associate Professor
2	Department	Home Science
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9	Date of Entry into Service	05/06/2001
10	Date of Retirement	30/03/2030
11	Edu. Qualifications	MSc , PhD, NET
12	Areas of Interest/Specialisation	Family Resource Management
13	Courses/Subject Taught	BSc- Methodology and Perspective of Science Informatics Textile Science Basic Food Science

		Communication in Extension Education <u>MSc-</u> Advanced Human Resource Management Advanced Nutrition and Extension Consumerism Furniture and furnishing
14	Field of Research	Social Science
15	Guideship Details (Guideship order number and date, Research Centre, Number of PhD students & title of their research topic)	
	1. Affiliated University: 2. Subject: 3. Guideship Order Number & Date: 4. Research Centre: 5. Number of Full time PhD Research Scholars: 6. Number of Part time PhD Research Scholars: 7. Details of PhD Research Scholars (Full Name, Title of Topic, Year of Joining): NIL	
16	Google Scholar Profile Link/ORCID ID/Research Gate Profile Link (Give the links)	
	NIL	
17	Patent Obtained/Applied (Give the details)	
	NIL	
18	Teaching Experience (Permanent) (Give the details)	

	24 Years (UG& PG)
19	Teaching Experience (Contract) (Give the details)
	NIL
20	Research Experience
	MSc Dissertation since 2001
21	Memberships in Learned Bodies/Societies, If Any
	1. Life member -Indian Dietetic Association Since 2011 2.Life member -Indian Adult Education Association since 2013 3.Life member Indian Red Cross Society since 2014 4. Life member – Home Science Association of India from 2020
22	Scholarships/Fellowships Obtained
	NIL
23	Research Papers Published (Mention UGC Care Listed/Peer-reviewed). Include Name of Authors, Year, Name of Journal, Volume, Page numbers, ISSN Number, DOC if any
	1. “Aromatherapy-Uses and Benefits”, New Horizons of Family and Community Science,Felicitation Volume, Kerala University Central Co-operative Press. 2008

	<p>2. “Periodontal Problems and its Management in Geriatric Patients” ;Elderly: Health and Nutrition, New Delhi: APH Publishing Corporation. 2011. ISBN 978-93-313-1737-7</p> <p>3. Anxiety During Covid 19 Pandemic- A Study Among Female College Students and Teachers in Kerala, International Journal for Multidisciplinary Research (IJFMR), April 2023</p> <p>4. “Antimicrobial activity of crude extract of curcuma longa and centella asiatica against standard microbial strains and antibiotics”. Journal of current studies, May 2023, ISSN: 2319-7064</p> <p>5. Study on the Impact of Marriage on the Academic Performance among Adolescent Girls” International Journal of Applied Home Science, Volume 11 (7&8) July & August 2024 , ISSN: 2394-1413. Page 376-382</p> <p>6. “ Internet Use and its Addiction on School and College Students during Covid -19 Pandemic” , Communication and Management Journal , Volume 9 Issue 7 , 2024. Page 215-226</p> <p>7. Awareness and Use of Internet and Online Services among Homemakers in Kollam District , Kerala, India” International Journal of Multidisciplinary Research and Analysis, Volume 05 , 03 March 2022, ISSN: 2643-9840, Page 720-728.</p> <p>8. “ Monitoring of the Bioaccumulation of Heavy Metals in the Ashtamudi Lake , Kerala, Ramsar Site in Kerala” International Journal of Science and Research (IJSR) Volume 11,Issue 3, March 2022, , ISSN:2319-7064 ,Page 832-834.</p> <p>9. “Influence of Media and Advertisement on Food Choices of College Going Girls” International Journal of Applied Home Science., Volume 12 (1&2), January & February (2025) : 9-19 , ISSN :2394-1413, Page 376-382</p>
24	Popular Article Published

	NIL
25	Books Published (Include ISBN/ISSN Number)
	NIL
26	Papers Presented
	<p>1.. “ Problems faced by Lady Doctors in Combining Career and Home Management” in the National Seminar on “ Problems and Challenges Faced by Working Women , Organized by Women’s Study Centre, S.N.College for Women ,Kollam on 6th and 7th October 2004</p> <p>2.“Oral Cancer: Causes, Symptoms, Diagnosisand Treatment” UGC Sponsered One Day National Seminar On Rising Prevalence Of Cancer Among Women In Kerala ,Organised by Department Of Home Science, St.Joseph’s College For Women,Alappuzha on 4th February 2014.</p> <p>3.”Life Skills For Overall Wellbeing And Competence In Adosescents” UGC Sponsered Two Day State Level Workshop On “Life Skills For Excellence In Education” Organised By Department Of Home Science, H.H.M.S.P.B ,N.S.S. College For Women ,Neeramankara. Thiruvananthapuram On 29th And 30th January 2014</p> <p>4.“ Innovative Methods of Teaching and Learning” National Seminar on “ Challenges and Changes in AQAR and SSR Preparation “ Organized by the IQAC , Sree Narayana College for Women, Kollam on 19th &20th December 2019</p>
27	Invited Talks/Public Talks delivered
	NIL
28	Collaboration/Consultancy/Linkages

	NIL
29	Orientation Courses Attended
	<p>1. UGC Sponsored Orientation Programme in Multidisciplinary (IT Oriented) on 3rd March 2004 to 30th March 2004. Organized by Academic Staff College , University of Kerala, Kariavattom.</p> <p>2. NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of UGC ,organized by UGC-MMTTC ,University of Kerala , Kariavattom , TVM from 21-10-2024 to 01-11-2024</p>
30	Refresher Courses Attended
	<p>REFRESHER COURSES</p> <p>1. UGC Sponsored Refresher Course in Home Science from 3rd to 23rd February 2004, Organized by Gandhigram Rural Institute – Deemed University , Gandhigram.</p> <p>2.UGC Sponsored Refresher Course in Women’s Studies from 24th to 25th December 2008, Organized by the UGC –Academic Staff College ,University of Kerala,, Kariavattom , Thiruvananthapuram</p> <p>3.Refresher Course, Date: 1st to 22nd February 2012, Sponsored by UGC, Conducted by the UGC- Academic Staff College, University of Kerala, Kariavattom.</p> <p>SHORT –TERM COURSE</p> <p>1.Short –Term Course in “Women Empowerment “ conducted by the UGC –Human Resource Development Centre , University of Kerala , Kariavattom, Thiruvananthapuram from 6th to 11th November 2017</p> <p>2.Short Term Course in Soft Skill Development from 18th to 22nd March 2014, Sponsored by UGC Conducted by the UGC –Academic Staff College , University of Kerala , Kariavattom, Thiruvananthapuram</p>

31	Seminars/Workshops/Training Organised
	<p>1, Organizing secretary of the seminar “Skin and Trichology problems related to Abuse of Cosmetics” organized by Dept . of Home Science in association with Fashion Technology Add- on course, on 07/02/2010.</p> <p>2. Organizing secretary of the seminar “Kerala,s Eating Habit Taking a Wrong Turn” organized by Dept . of Home Science in association with Former students association, on 07/02/2010.</p> <p>3. Organizing secretary of the seminar “Emerging Trends in Home Science-Horticulture therapy” organized by Dept . of Home Science on 07/02/2011.</p> <p>4..Convenor of the UGC Sponsored National seminar on“ Coping with Academic Stress – Need of the Hour “ Organized by Dept of Home Science on 20th & 21st February 2014.</p> <p>5..Co-ordinator of the One- Day Regional Workshop on Value addition of Jack Fruit on 7/6/2016</p> <p>6.Convener Of Dental Camp And Awareness Class On "Oral Hygiene” For The Students Of Our College. Organised By Dept: Of Home Science In Association With Indian Dental Association Date:06/03/2013</p>
32	Workshops Organised
	<p>1.Two day Workshop on “ Shibori Work, Tie and Dye, Lace Work, Ikat Work, Mexican Work, Zentangle designs and Spray Painting” conducted by Dept of Home Science in collaboration with Pidilite Industries on 19th and 20th February 2018.</p> <p>2. One day Workshop on “ Texture Painting ” organized by Dept of Home Science in collaboration with Pidilite Industries on 10th February 2025.</p> <p>3. Two day Workshop on “ Artistic Techniques” organized by Dept of Home Science in collaboration with Pidilite Industries on 15th and 22nd February 2025.</p> <p>4. One day Workshop on “ Tote Bag Painting and Boho Art ” organized by Dept of Home Science in collaboration with Pidilite Industries on 3dr March 2025.</p>

	5. One day Workshop on “ Paper Mache Work ” organized by Dept of Home Science in collaboration with Pidilite Industries on 13th March 2025.
33	Training Organised
	1. Co-ordinator of UGC sponsored “Add-on course in Fashion Designing” During the period from 2009 - 2010. 2. Co-Ordinator of the UGC sponsored ”Centre for Enhancement of Initiative for Competence Building “ during the period from 2010 to 2012. 3 .Convener of On-Job Training Course (Basic and Advanced Level) in Bakery & Confectionary in collaboration with Institute of Baking Technology , Chennai, from 18/7/2016 to 30/7/2016..
34	Orientation Programmes/Induction Programmes Organised
	NIL
35	FDP/Any Other Programmes Organised
	NIL
36	Startups/Innovation/Incubation Centre (Give the details)
	NIL
37	Seminars/Conferences Attended
	1. South Zone Conference on Adult / Continuing Education, 10th & 11th May 2003, Organized by the Kerala State Branch , at the Institute of Co-operative Management , Poojappura, Thiruvananthapuram 2. One day Seminar on “ Medical Nutrition Therapy in Renal Disorder” o 5th November 2003 , Organized by department of Family and Community Science and Indian Dietetic Association Kerala Chapter at C.M.S. College Kottayam.

- 3.State level seminar on “ Challenges of Continuing Education “ on 9th December 2006, Organized by Indian Adult Education Association , Kerala State Branch at the Mar Theophils Training College, Thiruvananthapuram.**
- 4.UGC Sponsored National Seminar , “ Home Science a Promising Future Ahead “ on 14th and 15th December 2007, Organized by the PG Department of Home Science , Fatima College , Madurai.**
- 5.International Seminar on Democratic & Secular Education, from 4th to 6th December 2008, Organized by the Govt. of Kerala at the Kerala University Campus , Kariavattom , Thiruvananthapuram.**
- 6.National Workshop on Scientific Writing in Home Science, Extension and Rural Development Date: 22nd and 23rd February 2010, Sponsored by UGC, Organised by Dept of Home Science. Gandhigram Rural Institute, Gandhigram.**
- 7..43rd Annual National Conference of Indian Dietetic Association,Date: 3rd and 4th December 2010. Organised by National Institute of Nutrition, ICMR Hyderabad.**
- 8.National Seminar on Health, Nutritional and Elderly: Need for Strategies and Intervention Date: 16th and 17th December, 2011, Sponsored by UGC, Organised by Dept of Home Science, Gandhigram Rural Institute, Gandhigram.**
- 9.National Conference on Recent Advances in Computational Biology, Date: 9th March 2012, Sponsored by UGC, Organised by P.G and Research Department of Zoology, Government Arts College Karur.**
- 10. 61st All India Adult Education Conference , from 28th to 30th December 2015, Organized by India Adult Education Association, New Delhi in Collaboration with Gandhigram , Rural Institute, Gandhigram**
- 11.Two day National Seminar on “ Social Entrepreneurship : Avenues and Challenges in Home Science,on 28th and 29th November 2016, Sponsored by Directorate of Collegiate Education, Govt. of Kerala, Organized by Dept of Home Science , Govt. College for Women,Thiruvananthapuram.**

- 12.National Seminar on “ Omics & Biomarker Analysis: In Disease Pathology 2.0 &Young Investigators Retreat” from 19th to 21st December 2016, Sponsored by Kerala State Council for Science , Technology and Environment, Organized by Dept. of Zoology , University of Kerala, Thiruvananthapuram**
- 13.Field Survey and Seminar on Dengue Prevalence in Mundakkal, Kollam held in collaboration with SNCW, Kollam on 21st and 22nd November 2018**
- 14.Three Day International Seminar on “Development Communication and Endo-Nutrition : The Current Drift!! Sponsored by Directorate of Collegiate Education , Organized by the Dept. of Home Science, Govt. College for Women, Thiruvananthapuram from 13th to 15th November 2018.**
- 15.Three Day International Seminar on “ Indian Literature, Language and Mass Media” Organized by the Dept of Hindi, Sree Narayana College for Women, Kollam from 20th to 22nd January 2020.**
- 16.Webinar on “ Demystify Dementia” Organized by the Dept of Home Science , St. Teresa’s College , Ernakulam in Association with ARDSI Cochin Chapter on 26th September 2020**
- 17.International webinar on The Occasion of International Day of Older Persons on “ Healthy Aging” – A Spotlight on Intergenerational Landscaping for the Wellbeing of Older Adults” Organised by the Post Graduate Dept of Home Science, Sree Narayana College for Women on 1st October 2020**
- 18.One Day Webinar on “ Library Beyond Walls” jointly Organized by Libraries of Bharatiya Mahavidyalaya , Amravati & Bhartiya Mahavidyalaya, Morshi on 20th August 2020**
- 19.National Webinar on ‘Home Science as a Profession” Organised by the Dept of Home Science& IQAC, Nirmalagiri College on 26/08/2020**
- 20. National Webinar on “ Recent Economic Policy Reforms and Institutional Changes in India” Organized by the Dept of Economics , Sree Narayana College for Women in Association with Indian Economic Association on 14th August 2020**

21. International Webinar series –Connecting the Dots ...on “ Exploring New Approaches to Extension : # Covid 19 “ Organized by UBA in association with IQAC, Extension Cell and NCC Unit , Govt . College for Women , Thiruvananthapuram , on 15th August 2020

22. Webinar on “ SAAC: Perspectives on Assessment and Accreditation Process” Organized by IQAC, Sree Narayana College , Kollam in association with Kerala State Higher Education Council on 7th August 2020

23. State Level Webinar on “ Amrithavarshini “ on “ All About Baby Friendly Feed “ Organized by Dept of Home Science in Association with Indian Dietetics Association , Kerala Chapter & NetProFaN , Kerala, on 05/08/2020

24. International Webinar series – Connecting the Dots....on “ India’s Health System in Covid Times- How Well is it Coping ?” Organized by UBS in Association with IQAC and Dept. of Economics , Govt . College for Women , Thiruvananthapuram, on 10th August 2020

25. International Webinar series – Connecting the Dots....on “ Ayurveda and Covid Prevention” Organized by UBS in Association with IQAC and Dept. of Statistics, , Govt . College for Women , Thiruvananthapuram, on 7th August 2020

26. International Webinar series – Connecting the Dots....on “ Problems of Data Relating to Older People and COVID19 : the case of India” Organized by UBS in Association with IQAC and Dept. of Statistics, , Govt . College for Women , Thiruvananthapuram, on 30th July 2020

27. International Webinar on “Solid Waste Management “ Organised by the Post Graduate Dept of Home Science, Sree Narayana College for Women, Kollam on 29th July 2020

28. International Webinar on “Are Our Forest Real? Conservation vs. Conversions “ Organised by Dept of Geography , Sree Narayana College for Women, Kollam from 22nd July 2020

29. International Webinar on “Online Teaching And Language Learning “ Organised by Dept of Malayalam, Sree Narayana College for Women, Kollam from 29th July 2020

- 30. International Webinar on “ Autoimmunity and Antimicrobial Response Factors “ Organised by Dept of Biochemistry and Industrial Microbiology in Association with IQAC, Sree Narayana College for Women, Kollam from 27th July 2020**
- 31. International Webinar on “ Manodharma Sangeetham “ Organised by Dept of Music in Association with IQAC, Sree Narayana College for Women, Kollam from 27th July 2020**
- 32. International Webinar on “ Coping Pandemic Stress with Fitness “ Organised by Dept of Physical Education in Association with IQAC, Sree Narayana College for Women, Kollam from 25th July 2020.**
- 33. International Webinar on “ Alternative Therapy for Oral Disease: Exploring Newer Possibilities “ Organised by Dept of Botany in Association with IQAC, Sree Narayana College for Women, Kollam from 24th July 2020**
- 34. International Webinar on “ Innovative Techniques in Aquaculture” Organised by Dept of Chemistry in Association with IQAC, Sree Narayana College for Women, Kollam from 23th July 2020**
- 35. Two Day International Webinar on “ Contemporary Discourse and Corona Period “ Jointly Organised by Dept of Hindi , Sree Narayana College for Women , Kollam on 11/06/2020 & 12/06/2020**
- 36. Webinar on “Covid 19 –The Way Forward “ Organized by P.G and Research Dept of Zoology & Internal Quality Assurance Cell on 29th May 2020**
- 37. International Webinar on “ Global Pandemic Challenges : Recalibrating the Socio –Economic Mechanisms “ Organised by Dept of Economics, Sree Narayana College for Women, Kollam from 24th July 2020**
- 38. Webinar on “ Online Learning : Prospects and Promises” Organized by Sree Narayana college , Chathannoor on 24th June 2020**

- 39. International Webinar on “ Global Pandemic Challenges : Recalibrating the Socio- Economic Mechanisms “ Organised by Dept of Economics , Sree Narayana College for Women, Kollam from 25th July 2020**
- 40. Webinar on “ Food Safety Framework form Consumers Perspective “ Organized by Consumer Club and Department of Clinical Nutrition and Dietetics , PSG College of Arts & Science , Coimbatore on 23rd June 2020**
- 41. Webinar on “Social Work Intervention Research “ Organized by IQAC & The Research and Consultancy Cell, Vimala College ,Thrissur, as a part of “Exlorigate” Research Webinar Series on 3rd August 2020**
- 42. National Webinar Series “ Technology , Higher Education and Digital Divide” & Quality Benchmarks: Role of IQAC and AQAR” Organized by IQAC of MES College Marampally as a Part of UGC Paramarsh Scheme on 23rd July 2020**
- 43. “One Week International Online Webinar Series on Life Skills “ Organized by Tamin Nadu Teachers Education University and Bharathiya Shikshan Mandal Dhakshin Tamilnadu from 17/07/2020 to 23/07/2020**
- 44. Online Quiz on “ Breastfeeding Awareness” Organized by the Dept of Home Science and Centre for Research in collaboration with Nutrition Society of India, Kochi Chapter as a part of World Breastfeeding Week Celebration 2020**
- 45. Webinar on “ New Platforms of Academic Reading and Learning “ Organized by Dept of English and College Library , NSS College Rajakumari, Idukki, on 10th July 2020**
- 46. Webinar on “ The Paradigm Shift In The Dietary Approaches to Non- Communicable Diseases in the Context Of Covid -19 ,Organized by the Dept of Home Science in Association with the IQAC ,HHMSPBNSS College foe Women ,Neeranmankara, Thiruvananthapuram on 24th July 2020**
- 47. International Webinar on “ ICT Based Teaching Learning Practices for Teachers” Organized by Dept of Commerce – finance & taxation ,Bharata Mata College of Commerce and Arts, Choondy , Aluva ,**

Kerala & Dept of Post-Graduate Department of Education, Dr.Dada Vaidya College of Education, Farmagudi, Ponda , Goa. On 18th July 2020

48.Webinar on “ Managing Adolescent Learners during Covid Pandemic “ Organized by IQAC , SNM Training College , Moothakunnam, Ernakulam , and Dept of Psychology Union Christian College , Aluva on 5th August 2020

49.Webinar on “ Becoming an Inspiring Leader” Organized by IQAC, SNM Training College, Moothakunnam on 13 July 2020

50.National Webinar on” Behavioural Finance and Investment Decision” Organized by PG Dept of Commerce & Dept of Business Administration , KMM College of Arts and Science, Thrikkakara on 15th July 2020

51.International Webinar on “ ENCOV 2020” based on the theme Nature, Environment and Covid 19 in the present scenario organized by the Post Graduate Dept of Zoology in collaboration with IQAC and Health Club , Christian College , Chengannur on 10th July 2020

52. Webinar on “Emerging Zoonotic Diseases “ Organized by The Research and PG Dept of Zoology , with IQAC , St. Thomas College , Thrissur on 6th July 2020 as part of World Zoonoses Day Observance.

53.Webinar series session 12 on “Introduction to Bibliometric Analysis” Organized by Research Committee, Maharaja’ s College , Ernakulam on 5th July 2020

54.Webinar on “Methodological Approach for Researchers” Organized by Research Committee, Maharaja’ s College , Ernakulam on 6th July 2020

55.Webinar on “ The Art of Reviewing the Literature by Integrating Technology “ Organized by Research Committee, Maharaja’s College Ernakulam on 7th June 2020

56.Webinar on “ Habits of Highly Effective Researchers “ Organized by Research Committee, Maharaja’s College Ernakulam on 8th June 2020

57.Webinar on “ Gender Politics : Contemporary Cultural Approaches “ Organized by Research Committee, Maharaja’s College Ernakulam on 9th June 2020

58.Webinar on “ Writing Research Paper in Social Science “ Organized by Research Committee, Maharaja’s College Ernakulam on 12th June 2020

59.Webinar on “ N-LIST and Open Access Academic E-Resources “ Organized by Research Committee, Maharaja’s College Ernakulam on 12th June 2020

60.Webinar on “ Open Access Publishing for Academic Community “ in connection with Research and Publication Ethics Course Organized by Research Committee, Maharaja’s College Ernakulam on 20th June 2020

61.Webinar on “ Quality Research & Publication in High Impact Journal” Organized by thr Research & PG Dept of Commerce, St. Dominic’s College , Kanjirapally on 19th June 2020

62.Webinar on State Level Observance of “ International Day Against Drug Abuse and Illicit Trafficking “ “ Better Knowledge for Better Carer” Organized by National Service Scheme , Guru Nanak College , Chennai, on 26th June 2020

63.National Webinar on “ Economic Survival of Kerala after Covid Crisis” Organized by Dept of Commerce , CMS College Kottayam on 29th June 2020

64.“ e-Darshan Webinar Lecture Series -2020 “ on “Horizons of Virtual Teaching “ Organized by Dept of Commerce & IQAC and T.K.Madhava Memorial College, Nangiarkulangara, Haripad, ,on 28th May 2020

65.National Webinar on “ Sharing the Economic Implications of Covid- Lockdown from Different States in India” Organised by the Research Department of Economics , Sri C .Achutha Menon Government College Thrissur, Kerala on 5th June 2020

- 66.National Webinar on “ A Link Between Health Practices and Lifestyle Diseases “ Organised by Dept of Biochemistry & Department of Physics Education , St.Mary’s College , Thrissur, on 10th June 2020**
- 67.Webinar on “Research Proposal Writing “ Organized by Internal Quality Assurance Cell , Don Bosco College of Arts and Science , Keela Eral , Ttooththukkudi district , Tam,ilnadu on 17th June 2020**
- 68.National Webinar on “ Covid 19 : A Catalyst for Innovation and Entrepreneurship “ Organized by PG &Research Dept of Commerce ,& ED Club , Mar Ivanios College on 1st July 2020**
- 69.International Webinar on “ Covid -19- Understanding the Real Threat to Human” Organized by Dept of Clinical Nutrition and Dietetics , Women’s Study Centre , St.Theresa’s College , Eranakulam, on 3rd July 2020**
- 70.International Webinar on Covid-19 &Food and Nutrition Security : Scenario in South and South East Asia Organized by Dept of Home Science and Nutrition in Association with Nutrition Association and Nutrition Society of India , Coimbatore Chapter & University of Reading, Reading, United Kingdom on 27th June 2020**
- 71.National Webinar on “ Strategies for Coping with Changed Academic Environment –Post Covid 189” Organized by Research and PG Dept of Commerce MES Keveeyam College Valanchery Under UGC Paramarsh Scheme on 25th June 2020**
- 72.National Webinar on “ Impact of Covid -19 on Indian Economy “ Organized by PG and Research Dept of Economics, Erode Arts and Science College , Erode in collaboration with Indian Economic Association on 15th June 2020**
- 73.National Webinar on “ Scientific Conduct and Ethics in Research” Organized by the Research and PG Dept of Commerce , Pavanatma College , Murickassery ,Idukki on 20th August 2020**
- 74.National Webinar on “ Research in New Dimension with Ethics and Values” Organized by the Research and PG Dept of Commerce , Pavanatma College , Murickassery ,Idukki on 20th August 2020**

75..International Webinar Series on “ Age Well”.....It’s Never Too Late!!” Organized by PG Department of Home Science & community Health Club St. Joseph’s College for Women ,Alappuzha in Association with NetProFaN & Home Science Association of India, Kerala Chapter in connection with International Elderly Day Celebrations on 1st & 2nd October 2020

76.National Webinar on “Paradigm Shift in Home Science Education” Organized by the Home Science Association of India (Kerala Chapter) from the 18th to 20th of February 2021

77.National Webinar on “Involvement if Youth Towards Environment Conservation” Organized by National Service Scheme , Guru Nanak College , Chennai on 6th June 2021

78.National Webinar on “ Leadership & the Role of Youth in Nation Building ” Organized by National Service Scheme , Guru Nanak College , Chennai on 23th June 2021

79. .International Webinar on “ Moving bodies , moving minds: popular dances and bodily practices in the global context” Organized by the Department of Physical Education and IQAC , Fathima Mata National College , Kollam on 23nd June 2021

80. Seminar on “ Covid 19 : How are we coping so far?” , Organized by Office of International Relations & Faculty of Education , Dr.M.G.R. Educational and Research Institute , Chennai on 24nd June 2021

81.National Webinar on “Covid Vaccines : An Injection of Hope “ Organized by National Service Scheme, Sree Narayana College for Women , Kollam on 18th July 2021

82.National Webinar on “ Writing and Publishing Research Articles in CARE -Listed and International Journals” Organized by IQAC in collaboration with Research Department of Commerce , MES Asmabi College , p. Vemballur , Trissur Kerala on 24th July 2021

83. Five -day Faculty Development Programme “ Sketching the Contours of Teaching “ Organized by IQAC, Amala College of Advanced Studies ,Nilambur, Kerala in Association with Kerala State Higher Education Council from 26th to 30th July 2021

	84. 7th National Webinar on “ Sync your class with Google” Organized by AAdhyapana Bandalore on 5th August 2021
38	Workshops Attended
	<p>1.Workshop on “ Environment and Waste Management “ conducted at Thiruvananthapuram 26th July 2002, In connection with U.K. Science Innovation Exhibition and Science Fest 2002 under the joint auspices of The British Council, Association of British Scholar and the Indian Society of Interdisciplinary Studies.</p> <p>2 . National Workshop on Methodology in Ergonomic Studies, from 21st to 25th February 2005, Organized by Gandhigram Rural Institute – Deemed University, Gandhigram..</p> <p>3.National Seminar Workshop on Thesis Writing Skills, Date: 28th to 30th June 2012, Organised at Christ University Nodal Office, Vazhuthacaud, Thiruvananthapuram..</p> <p>4. One day Workshop on Re-structuring of syllabus in accordance with the recommendations of Prof. Hardya Kumari Committee on 4th April 2014, Organized by Dept of Home Science , Govt. College for Women , Thiruvananthapuram</p> <p>5. Three day Workshop on “Redesigning of Courses for Outcome Based Education” Organized by the Kerala State Higher Education Council from 14th to 16th December 2017 at Thiruvananthapuram.</p> <p>6. One day Workshop on Re-structuring of PG Syllabus of the University of Kerala, Organized by the Dept. of Home Science, Govt. College for Women, Thiruvananthapuram on 28th February 2017</p> <p>7. Three day Workshop on “Redesigning of Courses for Outcome Based Education” organized by the Kerala State Higher Education Council from 14th to 16th December .</p> <p>8. One Week Online Workshop on “ Techno Pedagogy -2020” Organized by Dept of Education (SDE) , Bharathiar University ,Coimbatore & jointly Organized by Bharathiya Shikshan Mandal , Dhaksin Tamilnadu, from 24th -30th June 2020llege for Women, Thiruvananthapuram on 28th February 2017</p>

	<p>9. International Webinar on “ Hands on Experience -Building Efficient Survey Questionnaire and Tools & Techniques for Referencing” Organized by the Faculty of Education , Dr.M.G.R. Educational and Research Institute , Chennai on 22nd June 2021</p> <p>10. Online International Workshop on “ Research Paper Writing “ , Organized by Excellence Brings Success , New Delhi from 26th August to 1st September 2021.</p> <p>11. Five day Workshop on Curriculum Design and Development of Four Year Under Graduate Programme in Home Science , conducted from 19th to 23rd March 2024 .</p>
39	Trainings Attended
	<p>1. College Level Training Programme in General Informatics, Date: 13th to 15th December 2010, Sponsored by The Kerala State Higher Education Council, Thiruvananthapuram. Organised by Sree Narayana College for Woman ,Kollam.</p> <p>2. One Day Virtual Hands on Training on “ Creating Brochure Design & Auto Generation Certificates using Microsoft PowerPoint “ Organized by Guru’s Academy of Commerce , Erode on 11th July 2021</p>
40	Extension Activities Organised/Participated inside the Campus
	1.Organized Extension activity on Embroidery and Tailoring for homemakers of Kollam district from 2009 to 2013
41	Extension Activities Organised/Participated outside the Campus
	NIL
42	Representation in Syndicate/Senate/Academic Council/Board of Studies
	<p>1. Member of Board of Studies in Home Science (PASS) University of Kerala 2005 to 2007</p> <p>2.Member of Board of Studies in Home Science(PG) University of Kerala since 2008 to 2016</p>

	<p>3. Chairman of Board of Studies in Home Science (PASS) University of Kerala from 23/7/2016 to 22/7/2019</p> <p>4..Subject expert of St Teresa' College, Ernakulam, Board of Studies in Home Science(PG, UG) 2014 to 2015</p> <p>5.Member of Board of Studies in Home Science(PG, UG) MG University ,Kottayam Since 2016 to 2019 and 2021 to 2024</p> <p>5.Member of Board of Studies in Home Science (PASS) University of Kerala from 2023</p>
43	Tutorship in UG/PG (Mention the Class and Year/Batch)
	<p>1. PG – Ist PG -2001 to 2008, IInd PG -2009-2010,Ist PG- 2010-2012, Ist PG 2016-2017, IIndPG 2017-2018, Ist PG 2022-2023, IInd PG 2023-2024</p> <p>2.UG- Ist UG 2012-2013, IInd UG -2013-2014, IIndUG 2014-2015</p>
44	Academic Responsibilities Undertaken
	<p>1.Additional Examiner for the valuation of answer books of University UG &PG Examinations from 2003 onwards</p> <p>2 . Examiner for the conduct of University Practical Examinations for UG & PG from 2003 onwards</p> <p>3. Question paper setter for various Universities from 2009 onwards</p> <p>4. Chairman for the conduct of University Practical Examinations and answer book valuation for UG & PG</p> <p>5. MPhil Dissertation valuation 2004</p> <p>6. Phd Dissertation Valuation 2018</p>

- 7. External subject expert for the Home Science PG Syllabus Revision , Mahatma Gandhi University ,Kottayam 2018**
- 8.IT Mission Project Monitoring Committee Of Kerala State It Mission Course,Skill Enhancement Women Resource Centre, SN College For Women, Kollam During 2011, 2012, 2013 And 2014.**
- 9.Additional examiner for the valuation of answer books of University exams conducted by Mahatma Gandhi University 2012.**
- 10. Subject expert of the selection committee for conducting interview for appointment of Asst. Professor in Home Science At St.Joseph's College For Women ,Alappyzha,30/05/2012.**
- 11.Chief advisory Board member –Journal of Research , Extension and Development. A Peer Reviewed Interdisciplinary Monthly National Journal-ISSN:2319-1899.**
- 12.Subject Expert For The Selection Committee Constituted For The Promotion to Assistant Professor Academic Level 12 In Home Science 12/07/2023,**
- 13.Subject Expert For The Selection Committee Constituted For The Promotion to the post of Associate Professor In Home Science- St Teresa's College Ernakulam on 19/03/2021, H.H.M.S.P.B.N.S.S .College for Women, Neeramankara, TVM on 26/04/2021, Morning Star Home Science College , Angamaly , Keraal on 26/09/2023**
- 14.External Examiner for the PG Resource Management and Interior Designing 4th Sem Practical Examination and Dissertation Viva Voce , St Teresa's College , Ernakulam on 16/4/2019**
- 15.Subject expert for the MG University, P.G Syllabus Revision 2019**
- 16. Doctoral Committee, Subject Expert , under the Faculty o f Science in the discipline of Home**

	<p>Science, Mahatma Gandhi University, Kottayam.17/9/2010 &28/10/2013</p> <p>17. Doctoral Committee, Chairperson, under the Faculty of Science in the discipline of Home Science, Mahatma Gandhi University, Kottayam.11/12/2015, 8/12/2016,11/12/ 2019,23/04/ 2021,17/11/2021, 31/01/ 2023, 18/12/2023, 22/05/2024 , 20/03/2025</p> <p>18. Subject Expert For The Selection Committee Constituted For The Promotion to the post of Associate Professor in Home Science, St Joseph's College for Women , Alappuzha, on 15/04/2025,</p> <p>19. Subject Expert For The Selection Committee Constituted For The Promotion to the post of Associate Professor in Home Science, St Teresa's College Ernakulam on 23/04/2025,</p>
45	Any other Duties Performed at College
	<p>Member of Steering Committee from 2006-2008</p> <p>Member of College Council from 2009- 2017,2010-2016, 2023-24</p> <p>Member of Science Forum from the academic year 2006-2007</p> <p>Member of Women's Study Centre 2006-2010</p> <p>Member of Guidance and Counselling Centre 2006-2008</p> <p>Member of Add on course advisory Committee 2009-2010</p> <p>Member of Inter Disciplinary Committee -2009-2010</p> <p>Member of Interdisciplinary Committee 2009-2010</p> <p>Member of Health Club 2009-2015</p> <p>Member of Writers forum 2010-2011</p> <p>Coordinator Health Club 2015-2016 to 2018-2019</p> <p>Coordinator Health Education Club 2018-2019</p> <p>Member Health Education Club 2019-2020</p> <p>Member Community Health Activity 2020-2022</p> <p>Member of Campus Cleaning and Beautification 2021-2023</p> <p>Member of Green protocol Monitoring Committee 2022-2024</p> <p>Member of Women's Study Centre from the academic year 2008-2010</p> <p>HOD in charge for the academic years 2009 to 2015 ,2023-2024</p>

	<p>Member of Writers Forum for the academic year 2010- 2012</p> <p>Member UG & PG Admission committee 2011, 2018 to 2020</p> <p>Secretary of Former Students Association 2015- 2016,</p> <p>Convener of General Time Table Committee from 2015 to 2019</p> <p>Co-ordinator of Health Education Club from 2015 to 2019</p> <p>Member of RUSA Committee from 2017 onwards</p> <p>Editorial board member of the News Letter of Former Students Association 2017-2018</p> <p>Member of Project Implementation Group of FIST from 23/2/2018 onwards.</p> <p>IQAC Member since 2019</p> <p>NAAC Convener from 2019 to 2021</p> <p>IQAC Convener from January 2020 to June 2020</p> <p>Member UG & PG Admission committee 2011, 2018 to 2020</p> <p>Member of Library Committee 2024-25</p> <p>Member of Health Education Club 2024-25</p> <p>Member of Environment Club 2024-25</p> <p>Member of Committee for Outreach Activities 2024-25</p> <p>Member of Campus Hygiene and Beautification 2024-25</p> <p>Member of Student's Grievance Redressal Committee 2024-25</p>
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Kindly attach a photograph as email attachment if you need to update in the website