

DETAILED FACULTY BIODATA FOR COLLEGE WEBSITE JUNE 2024 TO MAY 2025		
<b>Sl. No.</b>	<b>Name</b>	Indu Suresh
<b>1</b>	<b>Designation</b>	Assistant Professor
<b>2</b>	<b>Department</b>	Home Science
<b>3</b>	<b>Contact Number</b>	9747018855
<b>4</b>	<b>Whatsapp Number</b>	9747018855
<b>5</b>	<b>Email</b>	doctoryesbee@gmail.com
<b>6</b>	<b>Institutional Email ID</b>	
<b>7</b>	<b>PEN Number</b>	726502
<b>8</b>	<b>Personal Web Page</b>	NA
<b>9</b>	<b>Date of Entry into Service</b>	9.10.2012
<b>10</b>	<b>Date of Retirement</b>	31.05.2038
<b>11</b>	<b>Edu. Qualifications</b>	MSc
<b>12</b>	<b>Areas of Interest/Specialisation</b>	Food and Nutrition
<b>13</b>	<b>Courses/Subject Taught</b>	Food Science, Nutrition, Research Methodology, Ergonomics
<b>14</b>	<b>Field of Research</b>	
<b>15</b>	<b>Guideship Details (Guideship order number and date, Research Centre, Number of PhD students &amp; title of their research topic)</b>	

	<b>1. Affiliated University:</b> <b>2. Subject:</b> <b>3. Guideship Order Number &amp; Date:</b> <b>4. Research Centre:</b> <b>5. Number of Full time PhD Research Scholars:</b> <b>6. Number of Part time PhD Research Scholars:</b> <b>7. Details of PhD Research Scholars (Full Name, Title of Topic, Year of Joining):</b> 1. 2. 3. 4.
<b>16</b>	<b>Google Scholar Profile Link/ORCID ID/Research Gate Profile Link (Give the links)</b>
<b>17</b>	<b>Patent Obtained/Applied (Give the details)</b>
<b>18</b>	<b>Teaching Experience (Permanent) (Give the details)</b>
	<b>1. 12 years 6 months</b>
<b>19</b>	<b>Teaching Experience (Contract) (Give the details)</b>
	<b>1. 3 years</b>
<b>20</b>	<b>Research Experience</b>

	1.
21	<b>Memberships in Learned Bodies/Societies, If Any</b>
	1. Life member of Nutrition Society of India 2. Life member of Indian Dietetic Association
22	<b>Scholarships/Fellowships Obtained</b>
	1.
23	<b>Research Papers Published (Mention UGC Care Listed/Peer-reviewed). Include Name of Authors, Year, Name of Journal, Volume, Page numbers, ISSN Number, DOC if any</b>
	<p>1. Published paper on “Dietary Habits of School-going children (aged 6-12 years) of Employed and Unemployed Homemakers” in the proceedings of the UGC sponsored National seminar on ‘Emerging Trends in Family and Community Science’ organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 25 October 2013 . Authors- Indu Suresh &amp; Roshni Syam, 2014, Pages 79-86. (ISBN/ISSN -978 81 92850603).</p> <p>2. Published paper on “Cooking fuel consumption and associated problems among rural and urban home makers” in the proceedings of the UGC-Sponsored two-day National Seminar on ‘Sustainable Resource Management – Tools and Techniques’ organized by the Department of Home Science, St Teresa’s College, Ernakulam on 7 &amp; 8 October 2014. Authors- Indu Suresh &amp; Roshni Krishnan, 2014, Pages 265-270. (ISBN/ISSN -978-81-7255-066-0).</p> <p>3. Published a paper “Musculoskeletal problems and associated risk factors among nurses in Kollam” in the proceedings of the three-day International Seminar on “Development Communication and Endo-Nutrition: The Current Drift”, organized by Department of Home Science, Government College for Women, Thiruvananthapuram from 13 to 15 November 2018. Authors- Indu Suresh &amp; Thaufiya H, 2019 Pages 151-156 (ISBN 978 81928506 2-7).</p>
24	<b>Popular Article Published</b>
	1.

	2.
<b>25</b>	<b>Books Published (Include ISBN/ISSN Number)</b>
	<p>1. Authored a chapter - “Knowledge Skills for Higher Education” in the textbook “Informatics and Research” (ISBN No.978-81-928506-3-4) published in 2019.</p> <p>2. Authored a chapter – “Non-Communicable Diseases - An Overview” in the book “Current Topics in Nutrition” (ISBN No.978-81-9466901-2) published in 2021.</p>
<b>26</b>	<b>Papers Presented</b>
	<ol style="list-style-type: none"> <li>1. Presented paper at the UGC-Sponsored one-day National Seminar on ‘Emerging Trends in Family and Community Science’ organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 25 October 2013</li> <li>2. Presented paper at the UGC-Sponsored two-day National Seminar on ‘Sustainable Resource Management – Tools and Techniques’ organized by the Department of Home Science, St Teresa’s College, Ernakulam on 7 &amp; 8 October 2014</li> <li>3. Presented paper at the 35<sup>th</sup> Kerala Science Congress held at Mar Baselious Christian College of Engineering and Technology, Idukki from 12 to 14 February 2023.</li> <li>4. Presented paper at the International Seminar on ‘Interdisciplinary Approaches in Home Science’ sponsored by the directorate of Collegiate Education and jointly organised by the PG Department of Home Science and Research Centre and Department of Statistics, Govt College for Women, Thiruvanthapuram on 13, 14 &amp; 15 December 2023.</li> </ol>
<b>27</b>	<b>Invited Talks/Public Talks delivered</b>
	<ol style="list-style-type: none"> <li>1. Delivered a talk on the topic “Health Issues in Adolescents” for the Community Radio on 18 October 2017.</li> <li>2. Delivered a talk on the topic “Nutrition in Degenerative Diseases” at the SN Vanitha Samithy on 13 January 2018.</li> <li>3. Delivered a talk on the topic “Food Fortification and Micronutrients” for the Community Radio as part of Poshan Abhiyan on 25 September 2018.</li> </ol>

	<p>4 . Delivered a talk on the topic “Healthy Cooking methods and Methods to Improve Bioavailability of Nutrients” organised by Government Vocational HSS for Girls, Kannur, Kerala on 30 January 2021.</p> <p>5. Delivered a talk on the topic “Healthy Food Habits in Women” organised as part of International Women’s Day celebration at the Kerala Gazetted Officer’s Federation Women’s Committee on 8 March 2023.</p>
<b>28</b>	<b>Collaboration/Consultancy/Linkages</b>
	<p>1.</p> <p>2.</p>
<b>29</b>	<b>Orientation Courses Attended</b>
	1.Attended Orientation Course organised by the UGC-HRDC, University of Kerala, Kariavattom, Thiruvananthapuram from 22 November to 19 December 2017.
<b>30</b>	<b>Refresher Courses Attended</b>
	<p>1. Attended the UGC-sponsored Refresher Course organised by the UGC-HRDC, University of Kerala, Kariavattom, Thiruvananthapuram from 6 to 26 September 2018.</p> <p>2. Attended Short-Term Faculty Training Programme (Interdisciplinary) on “Digital Content Management on E-Learning”organized by Sree Narayana College for Women, Kollam, in academic collaboration with Kerala State Higher Education Council from June 13 to 19, 2021.</p> <p>3. Attended the Online two-week interdisciplinary Refresher course in “Advanced Research Methodology” offered by The Teaching Learning Centre, Ramanujan College, University of Delhi in collaboration with Government College, Andhra Pradesh, under the aegis of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education, from 22 August to 5 September 2022.</p> <p>4. Attended the Online one-week Faculty Development Programme on “How to create your own MOOCs” offered by the Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education, from</p>

	<p>26 April to 2 May 2023.</p> <ol style="list-style-type: none"> <li>5. Attended the Online one-week Faculty Development Programme on “Data Analysis and Visualisation” offered by the Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education, from 08 to 14 June 2023.</li> <li>6. Attended the Online one-week Faculty Development Programme on “Teaching-Learning Methods” offered by the Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education, from 31 January to 06 February 2024.</li> <li>7. Attended the Online NEP 2020 Orientation and Sensitisation Programme under the Malaviya Mission Teacher Training Programme of UGC organised by UGC-MMTTC, University of Kerala, Kariavattom, Thiruvananthapuram from 21 August to 03 September 2024.</li> </ol>
31	<b>Seminars/Workshops/Training Organised</b>
	<ol style="list-style-type: none"> <li>1. Coordinated the International webinar on “Healthy Ageing: A Spotlight on Intergenerational Landscaping for the well-being of Older Adults” organized by the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 1 October 2020.</li> <li>2. Coordinated the regional webinar on “Menstrual Hygiene and Stress among Adolescents” organized by the Health Education Club in association with Post Graduate Department of Home Science, Sree Narayana College for Women, Kollam on 12 February 2021.</li> <li>3. Coordinated the regional webinar on “Exam Stress and how to Manage it” organized by the Health Education Club in association with Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 17 March 2021.</li> <li>4. Coordinated the international webinar on “Caring for Persons with Dementia” organized by the Post Graduate Department of Home Science, in association with IQAC, Sree Narayana College for Women, Kollam on 6 December 2022.</li> </ol>

	<ol style="list-style-type: none"> <li>5. Coordinated the international webinar on the topic “Lifestyle Management” on February 17, 2024, organised by the PG Department of Home Science in association with IQAC, Sree Narayana College for Women, Kollam as part of the Multidisciplinary International Webinar series “ DIALECTICS 2024”.</li> <li>6. Coordinated the National Nutrition Month September 2024 celebrations organised by the Department of Home Science, SN College for Women, Kollam in association with Eat Right Kollam Chapter.</li> <li>7. Coordinated Poster competition on “Sustainable Living” on 21 November 2024 &amp; Seminar on “Taming the Tensions: Insights into Human-Animal Conflicts in Kerala” 04 December, 2024 as part of the activities of Environment club.</li> <li>8. Coordinated the seminar on “Language and Communication Skills” organized by the PG Department of Home Science of Sree Narayana College for Women, Kollam on 17 March 2025.</li> </ol>
<b>32</b>	<b>Workshops Organised</b>
	<ol style="list-style-type: none"> <li>1. Coordinated the Fabric Painting Workshop organized by the Post Graduate Department of Home Science in association with Fevicryl, Pidilite Industries Ltd in the academic year 2016-17.</li> <li>2. Coordinated the workshop on “Value addition of Jack fruit” organized by the Post Graduate Department of Home Science on 7 June 2016.</li> <li>3. Coordinated the Fabric Painting Workshop organized by the Post Graduate Department of Home Science in association with Fevicryl, Pidilite Industries Ltd on 19 &amp; 20 February 2018.</li> <li>4. Coordinated the online workshop on “Maggie Magic in Minutes” organized by the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam in association with Nestle India Ltd on 5 December 2020.</li> <li>5. Coordinated the online workshop on “'X'mas preparations'” organized by the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 19 December 2020.</li> <li>6. Coordinated the online workshop on “New Year Special: Butter cupcakes with Icing” organized by the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 9 January</li> </ol>

	<p>2021.</p> <p>7. Coordinated the “Artist in me” Workshop series organized by the Post Graduate Department of Home Science in association with Fevicryl, Pidilite Industries Ltd from November 5 to 25 January 2023.</p> <p>8. Coordinated the “Artist in me” Exhibition organized by the Post Graduate Department of Home Science in association with Fevicryl, Pidilite Industries Ltd on 25 January 2023.</p> <p>9. Coordinated the “Dupatta Painting - Rangoli” workshop organized by the Post Graduate Department of Home Science in association with Fevicryl, Pidilite Industries Ltd on the occasion of International Women’s Day on 6 March 2023.</p>
<b>33</b>	<b>Training Organised</b>
	<p>1.</p> <p>2.</p>
<b>34</b>	<b>Orientation Programmes/Induction Programmes Organised</b>
	<p>1.</p> <p>2.</p>
<b>35</b>	<b>FDP/Any Other Programmes Organised</b>
	<p>1.</p> <p>2.</p>
<b>36</b>	<b>Startups/Innovation/Incubation Centre (Give the details)</b>
	<p>1.</p>
<b>37</b>	<b>Seminars/Conferences Attended</b>
	<p>1. Participated in the UGC-Sponsored one-day National Seminar on ‘Emerging Trends in Family and Community Science’ organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 25 October 2013</p>



	<ol style="list-style-type: none"> <li>2. Participated in the UGC sponsored two-day State Level Workshop on “Life Skills for Excellence in Education” organised by Dept of Home Science, NSS College for Women, Thiruvananthapuram on 29 &amp; 30 January 2014</li> <li>3. Participated in the UGC sponsored one-day National seminar on “Rising Prevalence of Cancer Among Women in Kerala” organised by Dept of Home Science, St Joseph’s College for Women, Alappuzha on 4 February 2014</li> <li>4. Participated in the UGC sponsored two-days National seminar on “Coping with Academic Stress – Need of the Hour” organised by Dept of Home Science, S N College for Women, Kollam on 20 &amp; 21 February 2014</li> <li>5. Participated in the UGC-Sponsored two-day National Seminar on ‘Sustainable Resource Management – Tools and Techniques’ organized by the Department of Home Science, St Teresa’s College, Ernakulam on 7 &amp; 8 October 2014</li> <li>6. Participated in a UGC sponsored one-day National seminar on “Importance of Green GDP and sustainable development in India” organised by Dept of Economics, S N College for Women, Kollam on 6 &amp; 7 July 2015</li> <li>7. Participated in a Directorate of Collegiate Education-sponsored two-day National seminar on “Social Entrepreneurship: Avenues and Challenges in Home Science” organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 28 and 29 November 2016.</li> <li>8. Attended a two-day National Seminar on “Home Science –A Kaleidoscope of Life”, organized by Department of Home Science, Government College for Women, Thiruvananthapuram on 16-17 November 2017</li> <li>9. Participated in the three-day International seminar on “Development Communication &amp; Endo-nutrition: the Current Drift” sponsored by Directorate of Collegiate Education &amp; organised by Department of Home Science, Govt College for Women, Thiruvananthapuram from 13 to 15 November 2018.</li> <li>10. Participated in the 51st Annual National Conference of Nutrition Society of India held at Rajiv Gandhi Centre for Biotechnology conducted from 8 -9 November 2019 at Thiruvananthapuram.</li> <li>11. Participated in the NAAC sponsored National seminar on “Challenges &amp; changes in AQAR &amp; SSR preparation” organised by IQAC, Sree Narayana College for Women, Kollam on 19 &amp; 20 December 2019</li> <li>12. Participated in the National Webinar on “Thy food...Thy medicine” organised by the Department of Home Science and Centre for Research in association with IQAC, St Teresa’s College, Ernakulam on 22 May 2020.</li> </ol>
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13. Participated in the International webinar 'Post Covid-19 Business Environment: Challenges and Opportunities' organised by IQAC and Department of Commerce, Mar Thoma College for Women, Perumbavoor on 7 June 2020.
14. Participated in the International webinar on 'Global Pandemic Challenges: Recalibrating the Socio-Economic Mechanisms', organised by the Department of Economics, Sree Narayana College for Women, Kollam, Kerala on 9 June 2020.
15. Participated in the National webinar on "A link between health practices and lifestyle diseases" organised by Department of Biochemistry & Department of Physical Education, St.Mary's College, Thrissur on 10 June 2020
16. Participated in the webinar on Research Proposal Writing organised by Internal Quality Assurance Cell (IQAC), Don Bosco College of Arts and Science, Keela Eral, Thooththukkudi on 17 June 2020.
17. Participated in the webinar on "Live Long ; Live Fit" , organised by the Department of Physical Education & IQAC, MSM College Kayamkulam on 20 June 2020.
18. Participated in the webinar on "Online learning: Prospects & promises" organised by Sree Narayana College, Chathanoor, Kollam on 24 June 2020.
19. Participated in the International Webinar on "Connecting People With Nature" organised by The Department of Botany, Women's Christian College, Nagercoil on 24 June 2020.
20. Participated in the International webinar on "COVID-19 & Food and Nutrition Security: Scenario in South and South East Asia" organised by Department of Food Science & Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 27 June 2020.
21. Participated in the International Webinar on 'COVID-19, Understanding the real Threat to Human', organised by the Department of Clinical Nutrition & Dietetics, St Teresa's College, Ernakulam on 3 July 2020.
22. Participated in the National Webinar on "Diet, Epigenetics and Cognitive Performance" organised by the Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 14 July 2020.
23. Participated in International Webinar on "Food and Well Being Challenges of the 21st Century (A fit body, a calm mind, a house full of love)" organised by the Department of Home Science and Psychology, Sophia Girls' College (Autonomous), Ajmer (Rajasthan) on 17 & 18 July, 2020
24. Participated in the Webinar on "The Paradigm Shift in the Dietary Approaches to Non-Communicable Diseases in the Context of Covid-19" organised by the Department of Home Science in association with

	the IQAC, HHMSPBNSS College for Women, Neeramankara, Thiruvananthapuram, Kerala on 24 July 2020.
25.	Participated in the International Webinar on “Manodharma Sangeetham” Organized by Department of Music in association with IQAC, Sree Narayana College for Women, Kollam on 27 July 2020.
26.	Participated in the International webinar on “Solid Waste Management” organized by the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 29 July 2020.
27.	Participated in the International webinar on “Problems of data relating to older people and COVID19 : the case of India” Organized by UBA in association with IQAC and Dept. of Home Science, Govt.College for Women, Thiruvananthapuram, Kerala, India on 30 July 2020
28.	Participated in the International webinar on ‘Financial Market Trends : Paradigm shift in the post pandemic scenario’, organised by the Department of Commerce, Sree Narayana College for Women , Kollam on 30 July 2020
29.	Participated in the National webinar on “Demystifying Food Allergy and Food Intolerances” organized by the Department of Food Technology, Bhaskaracharya College of Applied Sciences on 15 August, 2020.
30.	Participated in the National webinar on“Meta Analysis in Nutrition- Need and Process” organized by Nutrition Society of India, Mumbai Chapter on 16 August, 2020
31.	Participated in the National webinar on “Healthy Lifestyle to Prevent Cancer” organized by Sanjeevani Life Beyond Cancer in association with the Post Graduate Department of Home Science , Sree Narayana College for Women, Kollam on 26 August 2020.
<b>32.</b>	Participated in the International webinar on “Dietary Cholesterol : Current State of Evidence” organised by the Department of Home Science and Centre for Research, St Teresa’s College, Ernakulam in association with NetProFan and NSI, Kochi Chapter, on 29 September 2020.
<b>33.</b>	Participated in the two-days International webinar on “Age well..It’s Never too late” organised by PG Dept of Home Science, St Joseph’s College for Women, Alappuzha in association with NetProFan and Home Science Association of India, Kerala Chapter on 1 & 2 October 2020.
34.	Participated in the International webinar on “Healthy Ageing: A Spotlight on Intergenerational Landscaping for the well-being of Older Adults” organized by the Post Graduate Department of Home

Science , Sree Narayana College for Women, Kollam on 1 October 2020.

- 35.** Participated in the International webinar on “Significance of Promoting Nutrition Education in Schools” organised by the Department of Home Science in association with the IQAC, HHMSPBNSS College for Women, Neeramankara, Thiruvananthapuram, Kerala on 24 November 2020.
36. Participated in the National webinar on “Paradigm shift in Home Science Education” organized by the Home Science Association of India, Kerala Chapter from 18 - 20 February 2021.
37. Participated in the International Webinar on “Nutritional Strategies for Enhanced Sports Performance” organised by Department of Physical Education in association with IQAC, Sree Narayana College for Women, Kollam on 28 May 2021.
38. Participated in the National Webinar on “Delayed Speech Development in Children - Parent’s role to Play” organised by Department of Home Science in association with IQAC, NSS College for Women, Neeramankara, Thiruvananthapuram on 4 August 2021.
39. Participated in the National Webinar on “Evidence based Updates on Diet and Diabetes” organised by Department of Home Science & Centre for Research, St Teresa’s College, Ernakulam on 12 November 2021.
40. Participated in the 34<sup>th</sup> Biennial National Conference of Home Science Association of India on “Innovation and Incubation Opportunities in Home Science for Self-reliant India” held at St Teresa’s College, Kochi, Kerala from 15 to 17 December 2022.
- 41.** Participated the 35<sup>th</sup> Kerala Science Congress held at Mar Baselious Christian College of Engineering and Technology, Idukki from 12 to 14 February 2023.
42. Participated in the International Seminar on ‘Interdisciplinary Approaches in Home Science’ sponsored by the directorate of Collegiate Education and jointly organised by the PG Department of Home Science and Research Centre and Department of Statistics, Govt College for Women, Thiruvanthapuram on 13, 14 & 15 December 2023.
43. Participated in the UGC-Sponsored National Conference on “Innovative trends in interior design” organised by the Department of Resource Management in collaboration with Home Science Association of India, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore,

	<p>Tamil Nadu on 16 February 2024.</p> <p><b>44.</b> Participated in the WUACD International Conference 2025 on “One Health - Equitable and Holistic Approach for Sustainable Balance and Optimization of Health &amp; Ecosystem” held at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil Nadu, India on 6 &amp; 7 February 2025.</p>
<b>38</b>	<b>Workshops Attended</b>
	<p>1.</p> <p>2.</p>
<b>39</b>	<b>Trainings Attended</b>
	<p>1.</p> <p>2.</p>
<b>40</b>	<b>Extension Activities Organised/Participated inside the Campus</b>
	<p>1.</p> <p>2.</p>
<b>41</b>	<b>Extension Activities Organised/Participated outside the Campus</b>
	<p>1.</p> <p>2.</p>
<b>42</b>	<b>Representation in Syndicate/Senate/Academic Council/Board of Studies</b>

	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>
<b>43</b>	<b>Tutorship in UG/PG (Mention the Class and Year/Batch)</b>
	<ol style="list-style-type: none"> <li>1. UG I year tutor 2012-13</li> <li>2. UG II year tutor 2013-14</li> <li>3. UG III year tutor 2014-15</li> <li>4. PG I year tutor 2015-16</li> <li>5. PG II year tutor 2016-17</li> <li>6. UG I year tutor 2018-19</li> <li>7. UG II year tutor 2019-20</li> <li>8. UG III year tutor 2020-21</li> <li>9. UG I year tutor 2024 -25</li> </ol>
<b>44</b>	<b>Academic Responsibilities Undertaken</b>
	<ol style="list-style-type: none"> <li>1. Staff advisor of Home Science students (2014-15)</li> <li>2. Participated in the one-day CBCSS workshop on Restructuring of Syllabus for First Degree Programme in Home Science at Government College for Women, Thiruvananthapuram on 4 April 2014</li> <li>3. Participated in the UGC-Sponsored two-day National Workshop on ‘Perspectives and paradigms of Research Methodology and statistical Applications in Home Science’ organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 25 &amp; 26 February 2015</li> <li>4. Participated in a one-day Capacity Building Workshop for internal mentors of “Walk With a Scholar</li> </ol>

	<p>Programme” organized by the Office of the New Initiative in Higher Education at Fatima Mata National College, Kollam on 11 January 2017.</p> <p>5. Participated in the one day workshop on Re-structuring of PG syllabus of the University of Kerala organized by the Department of Home Science, Government College for Women, Thiruvananthapuram on 28 February 2017</p> <p>6. Attended the online workshop for BSc syllabus revision organised by the University of Kerala on 8 December 2021.</p>
<b>45</b>	<b>Any other Duties Performed at College</b>
	<p>1. Member of Performing Arts and Music club of Sree Narayana College for Women, Kollam (2013 till 2023)</p> <p>2. Co-ordinator of the Exhibition conducted as part of the Craft &amp; Tailoring course (Extension activity of Department of Home Science) for the academic years 2014-15 and 2015-16.</p> <p>3. Member of Theatre club (2018-19 and 2019-20)</p> <p>4. Co-ordinator of Performing Arts and Music club (2019-20)</p> <p>5. Was the internal mentor of WWS (Walk With a Scholar) Programme (2016-17 &amp; 2017-18)</p> <p>6. Member of College Union Election Committee (2013-20)</p> <p>7. Member of UG admission committee (2020-21)</p> <p>8. Co-ordinator of Health Education club (2020-21)</p> <p>9. Member of Health Education club &amp; Science club (2022-23)</p> <p>10. Co-ordinator of Environment club (2024-25)</p> <p>11. Co-ordinator of the National Nutrition Month celebration activities of the Department of Home Science in September 2023 &amp; 2024.</p>

**Kindly attach a photograph as email attachment if you need to update in the website**